



www.stephanieolson.com

Stephanie Olson

SPEAKING & CONSULTING
WORKPLACE & LEADERSHIP

MEDIA KIT

Hi. I'm Stephanie!

MOTIVATIONAL SPEAKER, AUTHOR & TRAINER

Stephanie Olson is an inspirational speaker, an international podcaster, and the CEO of a successful nonprofit organization. Stephanie helps, both faith based and non faith based, leaders build resilience. Engage your audience on topics such as leadership, trauma, a toxic workplace, mental health, and resilience. As a survivor of domestic and sexual violence, and a strong faith, she brings lived experience, research, and humor to help take your team or women's event to the next level. In her conversational and humorous style, Stephanie will inspire and empower.



 **20+ years**

in the speaking industry

 **20+ organizations**

have preferred
Stephanie

 **5 ★★★★★**

podcast ratings



Her work on teaching
resilience in leadership
has inspired people
across the United States.



SPEAKING TOPICS

- ✓ **Turn Your Trauma into Triumph - Dealing with a Toxic Workplace**
We all have trauma. Learn how to use your trauma to drive you to success.
- ✓ **Imposter Syndrome - Embracing our Strengths and Delegating our Weaknesses**
- ✓ **Resilience in Life and Leadership**
Resilience is a huge part of leadership. Learn to transform your life through resilience.
- ✓ **How Do We Value Conflict in the Workplace?**
Learn how to value conflict in the workplace and life.
- ✓ **Setting Healthy Boundaries in the Workplace**
- ✓ **How To Deal With Difficult People**
Do you know difficult people? Yes, we all do! Learn how can we best manage our interaction with them without losing our mind!
- ✓ **We Can't Do it All**
It is so easy to try to “build a Kingdom,” wanting to do it all in your business or organization. But if you try to do it all it’s hard to do anything with excellence.
- ✓ **Moving From Regret To Renewal**

STEPHANIE ALSO ADDRESSES:

- ✓ **Nonprofit Collaboration**
There is so much competition in the world of nonprofits but how would it affect our mission if we worked together? Collaboration Not Competition.
- ✓ **Diversity, Equity, and Inclusion**
Diversity is a current buzzword, but what does it mean to truly bring diversity into the workplace? True equity in the workplace is what we are needing to achieve. Learn how to do that.

WORKED WITH

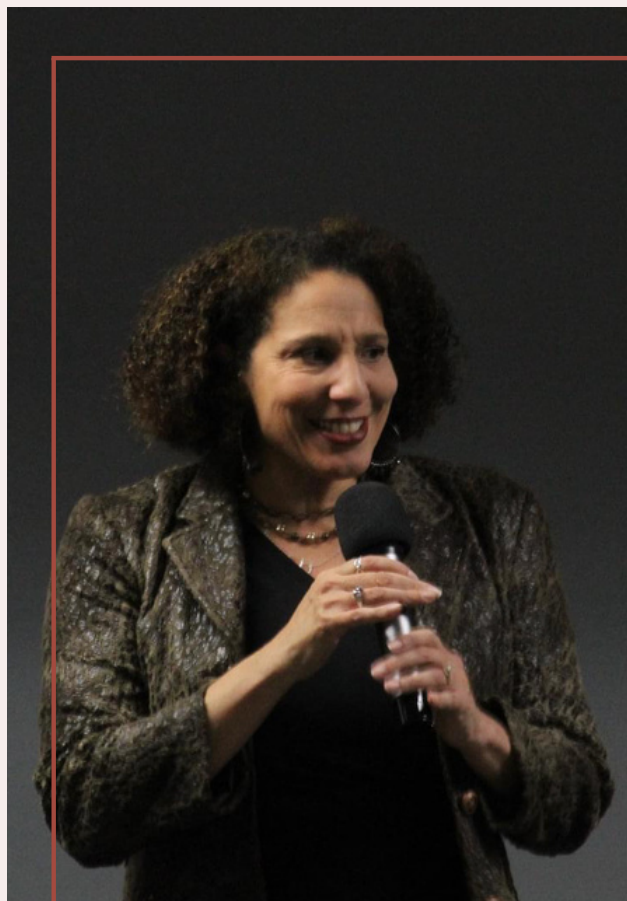


More about Stephanie

WWW.STEPHANIEOLSON.COM

Stephanie's expertise spans a wide range of topics, including leadership development, diversity, equity, and inclusion (DEI), youth development, sexual and domestic violence, sexual harassment, conflict resolution, toxic workplace relationships, difficult conversations, and managing difficult people.

As a woman of color and a survivor of domestic and sexual violence, Stephanie brings a unique perspective to her work, incorporating both lived experience and research to create meaningful impact. She is known for her engaging presentation style, and is able to infuse humor into even the most serious topics. Through her work, Stephanie is dedicated to making a positive difference in the lives of those she serves.



Client Testimonials

“Having had the opportunity to attend events where Stephanie has been the keynote speaker; knowing her on a personal level; and serving alongside of her at times, I would strongly recommend her to any group seeking a speaker for their event.

Celeste Norman | Program Director at Bickford Assisted Living

“The way Stephanie addressed the topic of trauma was amazing, and her information was absolutely spot on and very important. Stephanie's presentation style is truly engaging, and I appreciate all the effort she put into it.

Shari Collins | Project Director at Heartland Workforce Solutions



YOU CAN HIRE STEPHANIE FOR

Opening Keynote Speaker, Closing Energizing Keynote Speaker, Association Conferences and Conventions, Leadership Team Meetings, Team Building Meetings, Youth and College Events, Educator Events, Women's Events, Corporate and Nonprofit.

WHAT YOU CAN EXPECT

As someone who understands the challenges of being a workplace leader, Stephanie knows firsthand the added pressure of dealing with conflict, difficult conversations, and the trauma that others may bring with them. However, she also believes that it's possible for a workplace to function in a healthy, productive way in spite of these challenges. That's why she is here to offer her help and expertise.



GET IN TOUCH

Whether it's providing guidance on conflict resolution, facilitating difficult conversations, or offering trauma-informed training, I'm dedicated to supporting workplaces in creating a positive and thriving environment for all.

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www.stephanieolson.com



Stephanie